

DUKES

LONDON

SPA



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From bespoke facials to a fully equipped 24-hour gym, DUKES Private Members Health Club is the perfect place to unwind or work out. Enjoy a stress-busting massage, or simply relax in our Italian marble steam room – the choice is yours.

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## TEMPLESPA

Indulge in a range of special treatments and allow TEMPLESPA products to enhance your experience even more. The products are carefully formulated by fusing together the science of nature with the wisdom of tradition. The skin care range is perfect for both men and women who are seeking products that are full of natural ingredients. All products are designed to treat your skin, plus give you a luxury spa beauty experience.

In addition to your experience in the SPA, all products are available for purchase. Please, speak with our therapist after your treatment to receive all the information you need.

Alternatively, please email [HealthClub@dukeshotel.com](mailto:HealthClub@dukeshotel.com)



TEMPLESPA

## FACIAL AND BODY TREATMENTS

### **DUKES Signature Massage**

Guests can choose the type of massage and oil.

#### **Your choice of massage:**

Deep Tissue, Swedish, or Sports.

#### **Your choice of oil to reflect your mood:**

Driftway - Relaxing and calming

Work it out - Muscle warming and detoxifying

30 minutes	£ 80.00
60 minutes	£120.00
90 minutes	£170.00

### **DUKES Indulgent Ritual**

£200.00

This treatment will allow you to experience 2 hours of ultimate relaxation, including:

60 minute deluxe facial

60 minute massage of your choice

To finish, a glass of detoxifying smoothie after the treatment

### **DUKES Facial Treatment**

All of our TEMPLESPA facial treatments are prescriptive. We'll tailor the product and techniques based on a thorough skin analysis.

Each step of the treatment is customised according to your specific skin concerns.

30 minutes	£ 70.00
60 minutes	£100.00
90 minutes	£140.00

### **DUKES Deluxe Facial, using TEMPLESPA exclusive Truffle collection**

60 minutes	£110.00
90 minutes	£150.00

## HAND AND FOOT CARE

A full range of treatments are available to enhance, maintain and re-hydrate hands and feet.

**Luxury foot massage 30 minutes** £65.00

**Dukes and Duchess manicure 45 minutes** £35.00

Including cuticle work, exfoliation, hydration and colour.

**Duke and Duchess pedicure 60 minutes** £45.00

Including cuticle work, exfoliation, hydration and colour.

Gel delivers 14 days of flawless wear, superior colour and mirror shine, with zero dry-time and no nail damage.

Gel manicure - 45 minutes £40.00

Gel pedicure - 45 minutes £45.00

Gel removal - 15 minutes £12.00

## WAXING

**Half leg** £30.00

**Full leg** £45.00

**Full leg and bikini** £55.00

**Bikini** £25.00

**Half arm** £20.00

**Full arm** £35.00

**Underarm** £20.00

**Lip** £15.00

**Brow** £18.00

**Chin** £15.00

**Chest** £30.00

**Back** £40.00

## PRIVATE MEMBERS HEALTH CLUB MEMBERSHIP DETAILS

### **24 Hours Monday to Sunday**

**Annual contract**

**Half year contract**

**3 months contract**

**Monthly Rolling contract**

Certified personal trainers are available with 48 hours' notice for one-to-one training.

### **Membership Benefits**

- 25% off all SPA treatments
- 10% off TEMPLESPA products
- One off £50.00 food credit in GBR or Drawing Room (for annual contracts only)
- 20% off food in GBR
- 10% off room hire for meetings and private dining
- 10% off accommodation rate
- Refer a friend to sign up for an annual contract and receive a complimentary month membership
- Use of changing rooms and facilities (including free use of towels, bathrobes, toiletries, and steam room)
- Complimentary fruits & Concierge services
- Book 10 sessions with our personal trainer and receive the 11th complimentary

For more information about Private Members Health Club, please contact [HealthClub@dukeshotel.com](mailto:HealthClub@dukeshotel.com)

## FURTHER DETAILS

### **Treatment room**

Tuesday to Saturday 10.30am - 7pm

### **Steam room**

Monday to Sunday 8am - 8pm

After exercising, unwind in the marble steam room followed by an invigorating hydro-shower, so you emerge feeling relaxed and energised.

### **Cancellation policy**

Should you wish to cancel any booking, please contact us at least 24 hours before your appointment. No-show or cancellations made within 24 hours will be charged the full amount.

### **Gift vouchers**

We are pleased to offer a selection of gift vouchers at the Health Club to treat a loved one or enhance your stay at DUKES LONDON.

**Personal training sessions available on request.**

For more information or to buy a gift voucher, please visit our website [www.dukeshotel.com](http://www.dukeshotel.com) and go on the gift voucher section.



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FOR RESERVATIONS CALL

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