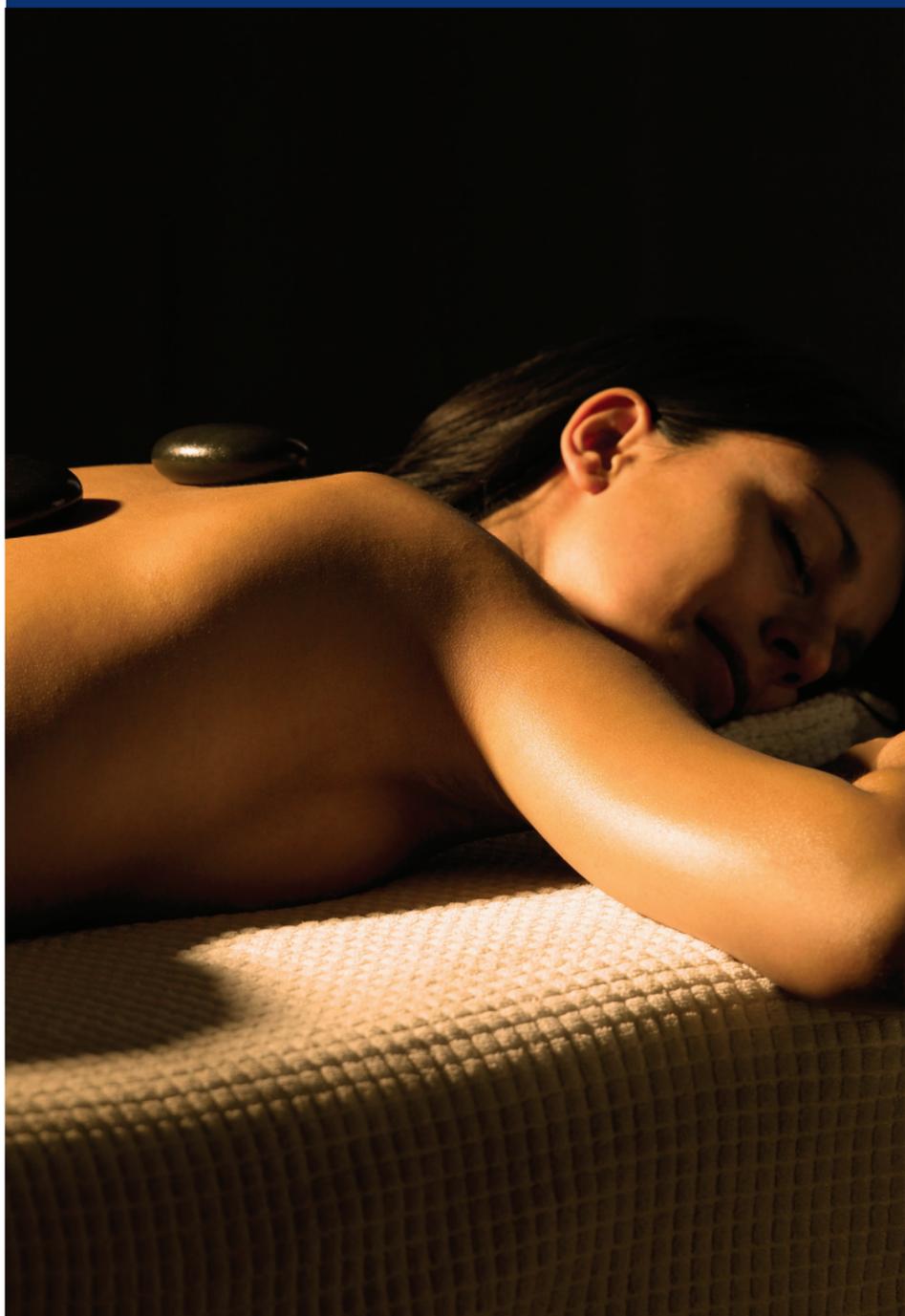


DUKES
LONDON



From bespoke facials to a fully equipped 24-hour gym, DUKES Health Club is the perfect place to unwind or work out. Enjoy a stress-busting massage, a revitalising eye treatment or simply relax in our Italian marble steam room – the choice is yours.

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THE BODY

DUKES Signature Massage

The ultimate in relaxation. Reduce tension and relieve the negative effects of everyday stress. Your expert massage therapist will personalise a massage for you and will restore your sense of well-being.

	30 minutes	60 minutes	90 minutes
Deep Tissue Massage	£65.00	£110.00	£150.00
Swedish Relaxing Massage	£60.00	£100.00	£140.00
Sports Massage	£70.00	£110.00	£150.00
Luxury Foot Massage	£60.00		
Neck, Back, Shoulder	£60.00		
Relaxing Head Massage	£65.00		
			75 minutes
Deluxe Hot Stone Massage			£120.00

THE BODY

Men's de-stress & relax treatment - 90 minutes £150.00

Relieve the tension and strain associated with stress. This treatment starts with a back exfoliation, followed by a back massage with hot stones. Finishing with an express facial and scalp massage.

Women's ultimate spa experience - 120 minutes £160.00

Revitalise the body and face with this complete body treatment including full-body exfoliation, relaxing massage, plus a Dermalogica hydrating facial to refresh and revitalise the skin.

Salt & Oil Scrub - 30 minutes £55.00

Energising body polish to help dissolve dead skin cells for a smooth finish.

Hydrating Sugar Cane Scrub - 30 minutes £55.00

This therapy polishes the skin with a relaxing exfoliation leaving the skin nourished and glowing.

FACIALS

All of our Dermalogica facial treatments are prescriptive. Choose from an express, classic, or anti-ageing facial and we'll tailor the product and techniques based on a thorough skin analysis. Each step of the treatment is customised according to your specific skin concerns.

Express facial - 30 minutes

£55.00

A mini boost to brighten and rejuvenate your skin. This treatment includes exfoliation, pressure-point massage and hydrating mask.

Classic facial - 60 minutes

£70.00

A deep cleansing facial treatment that includes exfoliation, massage and a mask to nourish, calm and rejuvenate the skin.

DUKES signature facial - 75 minutes

£100.00

This intensive anti-ageing facial treatment includes powerful lifting techniques to target sagging jowls, cheeks, chin and neck whilst helping to reduce the puffiness and fluid retention. Facial contour appear instantly shaped and lifted.

HAND AND FOOT CARE

A full range of treatments are available to enhance, maintain and rehydrate hands and feet.

Express manicure - 15 minutes £25.00
Shape and colour

Express pedicure - 15 minutes £25.00
Shape and colour

Duchess manicure - 45 minutes £35.00
Including cuticle work, exfoliation, hydration and colour.

Duchess pedicure - 60 minutes £45.00
Including cuticle work, exfoliation, hydration and colour.

DUKES male manicure - 30 minutes £35.00
Including cuticle work, exfoliation, hydration

Gel delivers 14 days of flawless wear, superior colour and mirror shine, with zero dry-time and no nail damage.

Gel Manicure - 45 minutes £40.00
Including removal

Gel Pedicure - 45 minutes £45.00
Including removal

Gel Polish - 30 minutes £28.00
Shape and colour, including removal

Gel removal - 15 minutes £12.00

EYELASHES AND EYEBROWS

Eyebrow tint - 15 minutes £18.00

Eyelash tint - 20 minutes £21.00

Eyelash and eyebrow tint - 20 minutes £35.00

Eyebrows

Tidy - 10 minutes £15.00

Reshape - 15 minutes £20.00

WAXING

Lycon wax

Lycon wax provides a complete waxing system that's designed to make your waxing treatments easier and pain-free with consistently superb results.

Half leg	£30.00
Full leg	£45.00
Full leg and bikini	£55.00
Bikini	£25.00
Brazilian wax	£40.00
Hollywood wax	£45.00
Half arm	£20.00
Full arm	£35.00
Underarm	£20.00
Lip	£15.00
Brow	£18.00
Chin	£15.00
Chest	£30.00
Back	£40.00

THE HEALTHCLUB & GYM

The gym is free to all hotel guests and is open 24 hours.

Certified personal trainers are available with 48 hours' notice for one-to-one training. Our membership is £90 for the full package. Please ask at reception for full details.

Treatment room

Monday to Friday 10.30am-7pm

Steam room

Monday to Sunday 8am - 8pm

After exercising, unwind in the marble steam room followed by an invigorating hydro-shower, so you emerge feeling relaxed and energised.

Cancellation policy

Should you wish to cancel, please contact us at least 24 hours before your appointment. Any non-arrivals or cancellations made within 24 hours will be charged the full amount.

Gift vouchers

We're pleased to offer an extensive choice of gift vouchers at the Health Club to treat a loved one or enhance your stay at DUKES LONDON. Please ask at reception or email us for more information.

Contact details

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